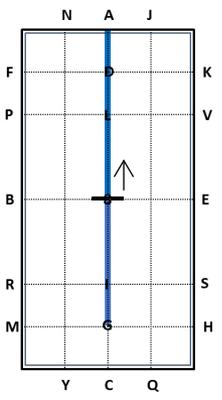


Walk — Working Walk - W **Free Walk- F** **Stop** —
Jog — Working Jog - W **Free Jog- F** **Back** ↑
Lope — Working Lope- W **Turn on F & H** ↻

C D Walk/Jog/(Intro to)Lope

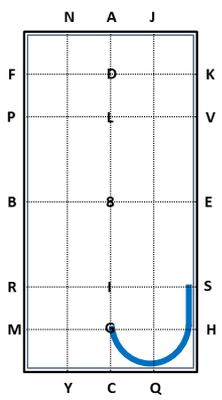
Test 1B Page 1

#1



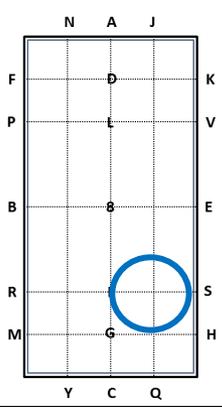
A. Enter Working Jog.
8. Stop. Back 4-6 steps. Salute.
Proceed Working Jog.

#2



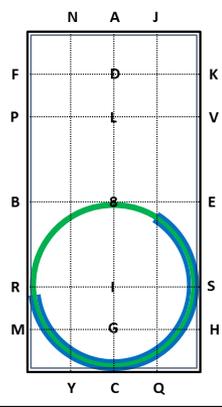
C. Turn Left.

#3



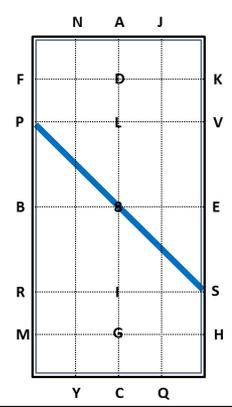
S. 10 M circle Left
Working Jog.

#4



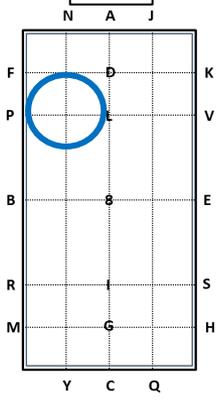
S. 20 M circle Left. Between S
and 1st quarter line, working
lope left lead.
Between R and S Working Jog.

#5



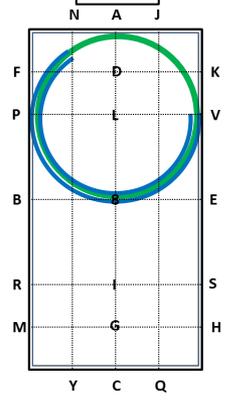
S-8-P. Working Jog.

#6



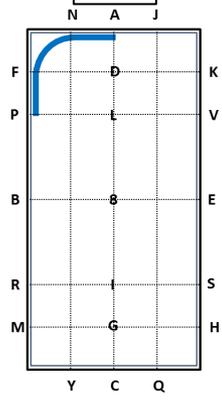
P. 10 M circle Right
Working Jog.

#7



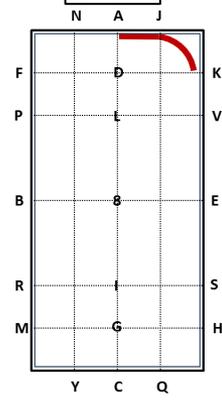
P. 20 M circle Right, Between
P and 1st quarter line, working
lope left lead.
Between V and P Working Jog.

#8



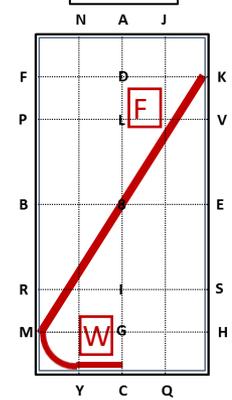
Continue to A.

#9



A. Working
Walk.

#10



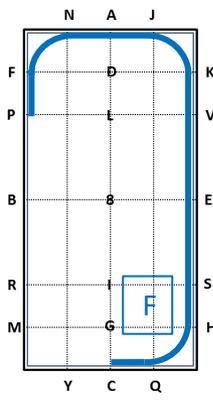
K-8-M. Change
Direction Free Walk.
M. Working Walk.

C D Walk/Jog/(Intro to)Lope

Test 1B Page 2

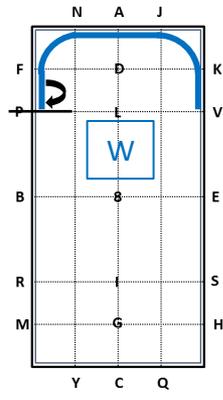
Walk	—	Working Walk - W	Free Walk- F	Stop	—
Jog	—	Working Jog - W	Free Jog- F	Back	↑
Lope	—	Working Lope- W	Turn on F & H	↻	

#11



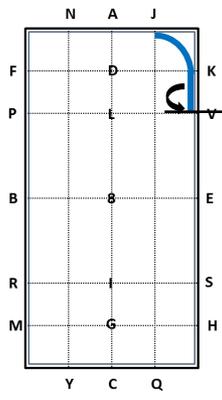
Between C and Q
Develop Free Jog.
Continue to P.

#12



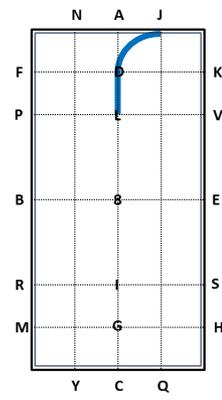
P. Stop. Half Turn on
Forehand Left. Proceed
Working Jog.

#13



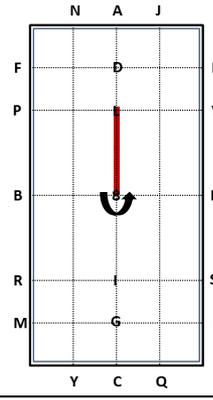
V. Stop. Half Turn on
Forehand Right.
Proceed Working Jog.

#14



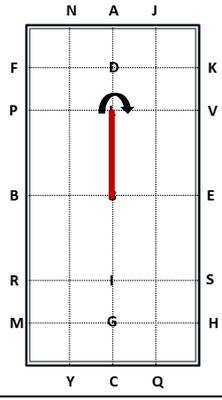
A. Turn Down
Centerline.

#15



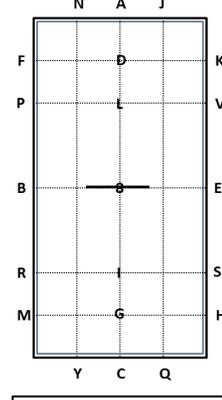
L. Working Walk. Before 8 shorten the stride.
8. Half turn on Haunches Left. Continue
Working Walk.

#16



Before L. Shorten the stride.
L. Half Turn on Haunches
Right. Continue Working Walk.

#17



8. Stop. Salute.